

OXYGEN EQUIPMENT

CLEANING AND CARE FOR YOUR OXYGEN EQUIPMENT

Do all cleaning and disinfecting in a clean environment. Avoid doing it after vacuuming, under an open window, or in a dusty, dirty or smoky area.

CARE OF OXYGEN MASK AND TUBING

- Every day you should clean the mask or cannula with a damp cloth.
- Every 2 weeks, replace the mask or nasal cannula.
- Every 3 months, replace the tubing.

CLEANING YOUR FILTER

Clean the external filter every week. Directions:

- Remove the filter.
- Wash in warm water using a liquid detergent.
- Rinse the filter thoroughly with warm water.
- Squeeze water from the filter and pat dry with a clean towel.
- Reattach the filter.

Wipe Oxygen equipment with a damp cloth to keep clean and dust free

CARE FOR YOUR HUMIDIFIER BOTTLE

- You should use your back-up oxygen system while refilling and cleaning your humidifier bottle
- If you are using a humidifier bottle with your oxygen concentrator, you will need to check the water level frequently. When the water is low or is not bubbling, you need to fill the jar.
- Turn the oxygen off.
- Wash your hands FIRST, then unscrew the jar from the humidifier bottle lid.
- Discard any water remaining in the jar
- Rinse bottle under a strong stream of warm tap water. Shake off the excess water.
- Refill the jar with distilled water to the fill line.
- Do not overfill the bottle. Too much water in the bottle will cause water to collect in your oxygen tubing.
- Screw the bottle back on the humidifier bottle lid until it is right. Be certain the jar is screwed on straight. Cross-threading will cause oxygen to escape out the top of the jar.
- Turn the oxygen back on.

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CLEANING AND DISINFECTION:

It is very important to clean your humidifier bottle to prevent infection. Clean and disinfect your humidifier bottle every 3 days.

- FIRST, Wash your hands.
- Turn the oxygen off.
- Remove the humidifier bottle.
- Wash the entire humidifier bottle with detergent and warm water.
- Rinse the bottle thoroughly. Wipe off the excess water.

REMINDER: Always follow your doctor's orders. If you have any questions about your Oxygen equipment, call your medical equipment vendor.

OXYGEN EQUIPMENT SAFETY INSTRUCTIONS

Oxygen is a DRUG and is effective and safe only when used as prescribed by your physician.

Never change your oxygen liter flow without first consulting your physician.

FIRE SAFETY

- ✓ Oxygen is NOT FLAMMABLE and WILL NOT EXPLODE. However, oxygen DOES SUPPORT COMBUSTION. This means that oxygen will make things burn faster and ignite easier.
- ✓ Oxygen should be used and stored in a WELLVENTILATED area because oxygen will accumulate around the user and the immediate surroundings.
- ✓ Never use or store oxygen in a confined space, such as a cabinet or closet.
- ✓ DO NOT use petroleum-based ointments or lotions in or around your nose, such as Vaseline, Vicks, or Chapstick, etc. Oxygen can react violently with these oily substances and can cause burns.
- ✓ Take care to AVOID OPEN FLAMES while using oxygen. This includes matches, fireplaces, BBQ's, stoves, space heaters, etc.
- ✓ DO NOT SMOKE **within 8 feet** of the oxygen patient or the oxygen system.
- ✓ Avoid "friction" toys and electrical appliances which produce sparks, such as electric razors.
- ✓ A SMOKE DETECTOR and FIRE EXTINGUISHER is recommended when using oxygen in the home.
- ✓ Plan an EVACUATION ROUTE for yourself and your family in the event of a fire.

OXYGEN STORAGE AND HANDLING

- ✓ Oxygen tanks should always be stored in a stand or cart to prevent tipping or falling. Store extra unsecured tanks laying flat on the ground. DO NOT allow tanks to stand or lean in an upright position while unsecured.
- ✓ Do not store oxygen systems in unventilated areas such as closets or cabinets.
- ✓ Do not store oxygen systems near heat or ignition sources.
- ✓ Do not store oxygen systems in the trunk of a car.
- ✓ While transporting oxygen in a vehicle, make sure containers are secure and positioned properly.
- ✓ Oxygen should be transported in the passenger compartment of a vehicle with the windows open slightly (2-3 inches) to permit adequate ventilation.

CONCENTRATOR SAFETY

- ✓ Concentrators are electrical devices which should only be plugged into a properly grounded or polarized outlet.
- ✓ DO NOT USE EXTENSION CORDS.
- ✓ DO NOT USE MULTI-OUTLET ADAPTERS, such as power strips.
- ✓ Avoid using power sources which create heat or sparks.
- ✓ Use a power supply or electrical circuit which meets or exceeds the amperage requirements of the concentrator.

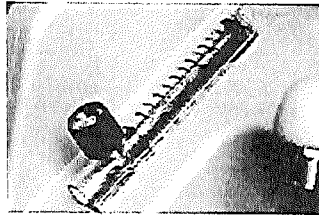
OXYGEN CONCENTRATOR OPERATING INSTRUCTIONS

CANNULA

- Slide the tubing over and behind each ear.
- Adjust the tubing to fit comfortably under your chin by sliding the adjuster upward.
- Be careful not to adjust it too tightly.
- Clean and replace the cannula and tubing as instructed.
- Refer to equipment cleaning sheet for detail instructions.

CONCENTRATOR

- Press the power switch to the “ON” position. When the unit is turned on, the patient alert system will briefly alarm.
- Check the flow meter to make sure that the flow meter ball is centered on the line next to the prescribed number of your flow rate.



CAUTION

- It is very important to follow your oxygen prescription. **DO NOT** increase or decrease the flow of oxygen. Consult your doctor before making changes of any sort.
- Press the power switch to the “OFF” position when concentrator is not in use.
- Remove nasal cannula.
- Refer to the equipment cleaning sheet for detailed cleaning instructions.

