

## ***NEBULIZER***

**PURPOSE:** The nebulizer unit is used to deliver medication directly to your lungs to help you breathe easier. Nebulizers change medication into a fine mist and provide relief for shortness of breath.

### **SUPPLIES YOU WILL NEED:**

- Nebulizer Unit
- Nebulizer Kit
- Prescribed Medication

### **WHAT TO DO:**

1. Explain to the patient what you are going to do, even if you are unsure whether they can hear.
2. Wash your hands before preparing the medication
3. Unscrew the medication cap and pour the medication into the bottom of the medicine cup or nebulizer chamber.
4. Attach the T piece to the top of the medicine cup.
5. Place the mouthpiece on one end of the T piece and the tubing on the other end of the T piece.
6. Attach tubing to the machine and the other end of the bottom or side of the medicine cup.
7. Place the patient in an upright or sitting position or raise the head of the bed.
8. Turn the machine on.
9. Have the patient breathe as normally as possible until all the medicine in the cup is gone. (You may need to shake it occasionally to get all the medicine nebulized.)
10. Clean the mouthpiece with hot soapy water and rinse. Place the equipment in a plastic bag to keep dust free.

### **IMPORTANT**

DO NOT leave the medication in the nebulizer from one treatment to the next. Poor or infrequent cleaning can cause lung infections. Neb kits are disposable and should be replaced when they become discolored or begin to leak and filters should be replaced every thirty (30) days.